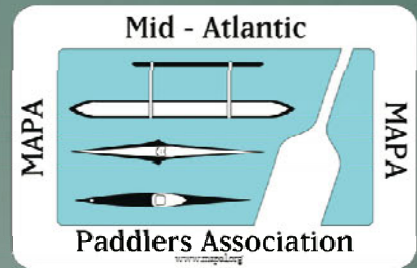


13th Annual Paddle for the Bay

Outrigger Canoe, Kayak, & Surf Ski Race



Saturday, August 1, 2009 rain or shine
(delay or cancellation possible if storm conditions exist)

6:00 a.m. check-in and boat set-up

Ocean View Fishing Pier

Ocean View Avenue & 4th View, Norfolk, Virginia

Multiple Events

Outrigger Canoe

East Coast Outrigger Racing Association Point Series Race for six-person outrigger canoes (women's, men's, and mixed classes). Course is approx. 12 miles in the Chesapeake Bay from the Fishing Pier to Ft. Wool, into Willoughby Bay, and back to the Pier.

Outrigger Canoe, Kayak and Surf Ski Race

Single or double-person (classes determined on race day depending on number and types of boats).

Course is approx. 6 miles in the Chesapeake Bay starting at the Pier, following the shoreline along the beaches.

Stand-up Paddle Board (SUP) Course will be determined on race day.

Start Times

Women's Outrigger race (10 miles)	7:00 a.m.
Men's Outrigger race (10 miles)	9:00 a.m.
Small Boats (6 miles)	10:00 a.m.
Mixed Outrigger (6 miles)	11:00 a.m.
Stand-up Paddle Board	11:10 a.m.

Registration

\$40 Pre-registration per paddler using www.Active.com requested.

Link to registration also at www.mapa1.org

\$50 Race Day registration
(fee includes lunch)

Lunch

Served at the Pier following the Event.
Registration fee includes lunch.

Lunch tickets for those not racing should be paid for at sign-up on Active.com for \$12 per person.

Awards

Awards for the top three finishers in each class for each race.

Race Contact

Tim Jones, MAPA President; 757-404-6603;
noreasterkayaking@yahoo.com;
www.mapa1.org

Photo Credit:

11th Annual Paddle for the Bay by Betty Whitenack



Proceeds to benefit

CHESAPEAKE BAY FOUNDATION

Saving a National Treasure

cbf.org

Want to do more to help SAVE THE BAY?

**Raise funds by collecting donations.
See Pledge Form for details.**

13th Annual Paddle for the Bay

Outrigger Canoe, Kayak, & Surf Ski Race

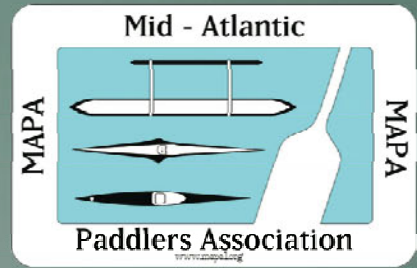


Photo of 11th Annual Paddle for the Bay by Betty Whitenack

Pledge Form

Race Participant Name: _____ Race Distance: _____

Saturday, August 1, 2009 6:00 AM - Noon
 Ocean View Fishing Pier, Ocean View Avenue & 4th View, Norfolk, Virginia

Multiple Events: Three Races for Six Person Outrigger Canoe
 A Small Boat Race for kayaks, outrigger canoes & surf ski
 A Stand-up Paddle Board Race

Instructions: In addition to race fees, the community and participants may get pledges and/or donations for this benefit.
 Checks should be made out to the *Chesapeake Bay Foundation*.

Name	Phone #	Pledge per Mile / Donation	Total
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
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CHESAPEAKE BAY FOUNDATION
Saving a National Treasure